

Sleeping Beauty

After care instructions & precautions

As a professional, I want to make sure all my clients have full knowledge and understanding of what to expect and how to treat a post procedure.

➤ **What to expect**

- I. You should expect to feel sore for at least two to three hours after the procedure.
- II. If you had your lips or eyes done, you could expect some puffiness.
- III. Remember the color is going to be very dark for the first few days until it starts healing. "Don't worry it will fade 40%"
- IV. Expect to have some flaking. (keep applying the A&D)
- V. Expect your skin to be white around the area where the numbing cream was applied. It will disappear when the numbing wears off.
- VI. If you experience itching, this just means it is in the process of healing and might be dry. **Please do not scratch it!** Applying A&D ointment will help relieve the itch.

➤ **What not to expect**

- I. You should not expect having only one application applied. Permanent makeup is a process. The foundation is applied and then we build up to the color desired!
- II. A common misconception after having a lip procedure performed is that you will always have a wet, glossy look. This procedure is only for adding color to the lips.

➤ **Treatment & precautions**

- I. You must keep the area moist at all times until completely healed. Use the A&D ointment provided. This will help keep peeling down to a minimum and maintain your color.
- II. Use a clean non dusty Q-tip to apply the A&D.
- III. Do not use any harsh face cleansers or over the counter healing creams, ointments, sprays or gels. This may cause irritation and burning and could possibly lead to infection.
- IV. Remember that this is an **open wound** and should be treated as one.

Example:

1. Do not go swimming until completely healed. The bacteria in the water may cause infection.
2. Stay out of the sun and tanning booths, this will not only irritate the wound but fade your color tremendously.
3. If you had a lip procedure done, stay away from spicy foods and things with salt, like Margaritas! {"Burn"}
4. Do not use Mascara or any other product on freshly done eyes due to the bacteria living in your brush. This also applies to lips. {no lipstick or liner until healed }
5. Keep your hands away from the area. Don't scratch, rub, pick, or touch. Your hands and fingernails carry many germs.
6. If you see the area starting to peel, do not help it along. Doing so will pull color out.
7. Stay away from heavy animal environments, hair and pet dander may cause infection.

Note: When the surface of your skin is healed you may continue your usual makeup routine. Please know that underneath the skin may not be completely healed and you will not be eligible for a touch up until three weeks. You may stop using A&D when there are no flakes and dryness left.